2014-2015

Tech Physical Education- Grade 9

**Teacher Contact Info:**

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**physicalexcellence.weebly.com**

**Elements of Physical Education Grades:**

\* Attendance \* Preparedness for Class \* Fitness Testing \* Assignments/ tests/ quizzes

\* Participation \* Citizenship \* Use and Application of PE Technology

**Dress Requirements:** Students are required to dress appropriately for class. Appropriate attire would include athletic shoes, shorts/sweats, and an appropriate T-Shirt or sweat shirt. PE attire must be compliant with the district dress code (Board Policy 504 – pg 4 in Student handbook). Flip flops and sandals would also be in violation of the PE dress code and will result in a “No Credit” for that day.

**Lockers:**

Lockers are first come first serve and you must provide your own lock. Make sure your lock is locked before and after class. Personal belongings may be stolen if they are not locked up. If you are in a varsity sport, you may use that locker until the end of your sport season.

**Class Time:**

You have 5 minutes to get dressed and into the gym. You will be released 5 minutes before class ends to return to the locker room. **Students who leave the locker room before the bell rings will be counted absent.**

**Physical Education Units:**

Walk/ Run, Swimming, Strength and Plyometrics Training, Fitness Assessment, Personal Fitness, Circuit Training, Outdoor Recreation, Rhythms and Team and Recreational sports.

**A doctor’s note is required** if students are unable to participate. **Students who are injured or have a medical excuse are expected to participate to the best of their ability or may be asked to do an alternate activity.** Depending on the student’s limitations, she or he may need to repeat the class at another time.

**Absences:**

* Students are allowed three excused absences per quarter before grade deductions are made.
* **If an absence is due to a school activity, make up is still required.**
* **Any absences from the Walk/Run or Swim Unit need to be made up.**

**Grading Information:**

* Students are awarded up to ten points per day. A two-point deduction will be made for tardiness, poor attitude, inappropriate language, lack of participation. Not changing for class will result in a one or more point deduction.
* An unexcused absence, refusal to participate, or disciplinary issue will result in a “no credit” and points will not be awarded for the day.

Grading scale: A 94-100% C+ 77-79% D- 60-63%

1. 90-93% C 74-76% F below 60%

B+ 87-89% C- 70-73%

B 84-86% D+ 67-69%

B- 80-83% D 64-66%

**Make Up:**

Make up for excused absences will be Thursday mornings at 7:45 to 8:20 am in the gym. Full participation is expected to receive full credit. Multiple make ups during one make up session are not allowed. Make up is not allowed for “No Credits” due to disciplinary action, or refusal to participate.

* Excused absences may be made up for full credit.

## Other Expectations: Following TIGER EYE ON SUCCESS

* Be responsible by asking questions, seeking help if needed or giving help to peers. The teacher is always available to help!
* Show your work with pride.
* Be respectful of others and school property. Interfering with the learning of others will not be tolerated.
* Use appropriate language.
* Be prepared, set high expectations for yourself.

# Academic Integrity Policy

The following is the Health and Physical Education Department policy on academic integrity. You are accountable for it.

Purpose statement: All students are expected to exhibit personal honesty in their work. Academic integrity allows each learner to be evaluated on his or her personal accomplishments and compete on an equal basis with all other students for their scholastic achievements.

Definition statement: Academic dishonesty includes, but is not limited to:

1. Cheating on a quiz, test or other assessment.
2. Copying an assignment or worksheet, or divulging information about a test.
3. Offering to another student the answers to an assignment, worksheets or test, whether

solicited or unsolicited, in written or verbal communications.

1. Theft of intellectual property, such as assignments, worksheets, tests, or answer keys.
2. Lying to a teacher about academic activities, or assessment scores.
3. Failing to indicate quotations taken from a source or failing to identify sources in writing (i.e., plagiarism).

Unless explicitly announced otherwise by the instructor, students are expected to work alone on all assignments.

Penalty: Students who act in an academically dishonest manner will receive no credit (a zero) for any and all assignments that were not their own intellectual work. Academic dishonesty may also result in additional consequences, such as failure of the course.